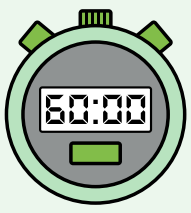


SCHOOL-BASED DAILY PHYSICAL ACTIVITY

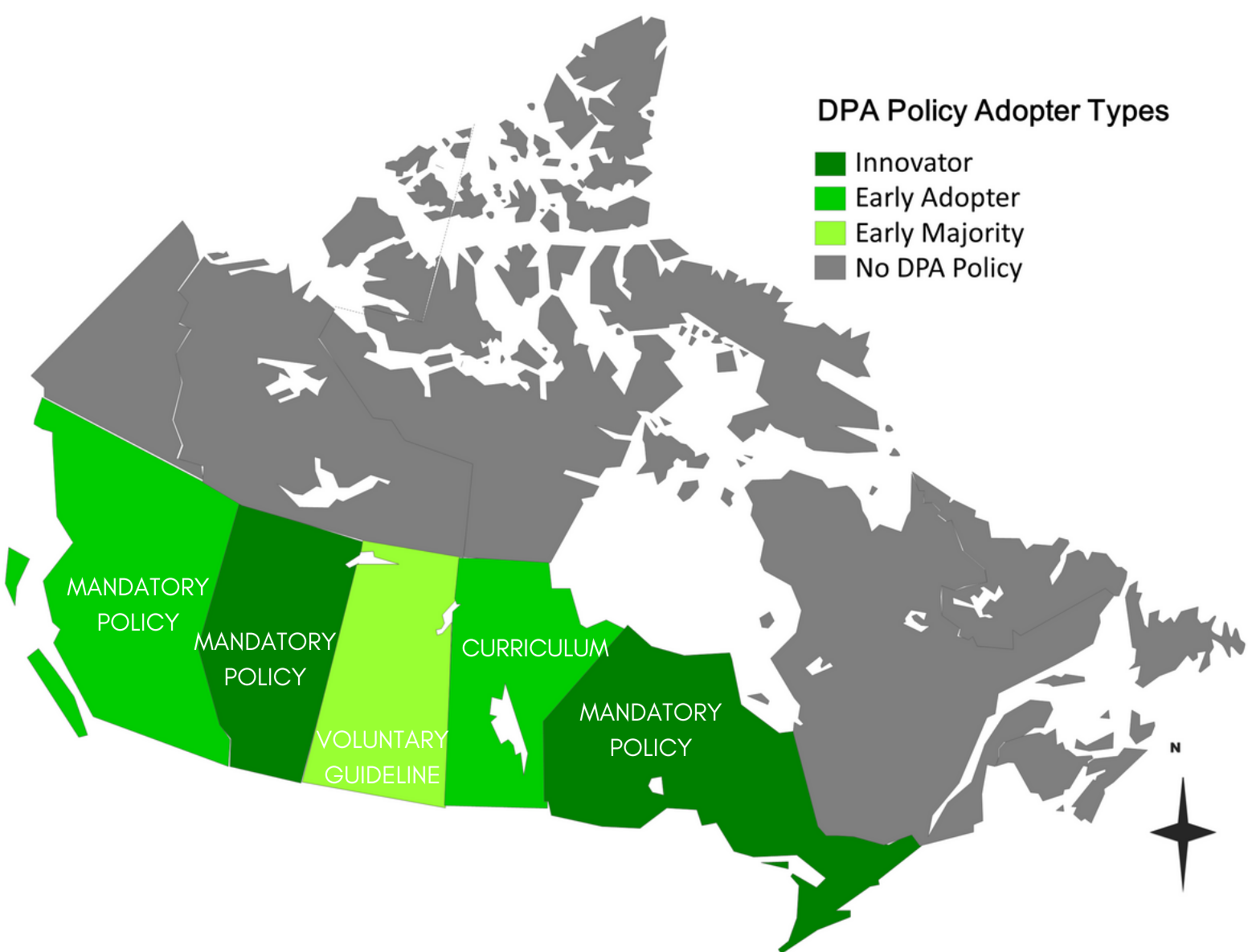


DAILY PHYSICAL ACTIVITY (DPA) POLICIES SET GUIDELINES FOR MINIMUM STANDARDS OF PHYSICAL ACTIVITY EVERY DAY IN SCHOOLS



CASE STUDY:

PROVINCIAL DPA POLICIES ACROSS CANADA



IMPACT OF DPA POLICIES IN CANADIAN PROVINCES

The type and duration of physical activities offered varied across schools that implemented DPA policies



Daily steps taken by school-aged children in provinces with DPA policies did not change between 2005 and 2011



This suggests that Canadian DPA policies have had little to no impact on children's physical activity levels

POLICY INFLUENCER CHALLENGES TO OVERCOME



Lack of long-term support due to changing political climates



Disconnect between provincial policy and local level implementation in schools



Lack of government human and financial resources provided by government